



BRIGHTER BEGINNINGS: FREE WORKSHOP PROGRAMME

Welcoming and informative sessions for parents and carers of children aged 0–8 who have additional needs

Dates: Thursdays from February 28 to March 21

Time: 10am–12pm – refreshments provided

Venue: St Peter's Church Centre, 10 St Peter's Churchyard, City Centre, Derby, DE1 1NN

To find out more, or to book your free session, please contact:

 westmids.office@contact.org.uk  **0121 274 0437**



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WORKSHOP PROGRAMME

Date: Thursday, Feb 28

Information and Support

- Find out and understand about:
- Local support services for families of children aged 5 and under
- Where to find support in your area
- How to get the support you need
- Top tips to help

Date: Thursday, March 14

Working with Professionals

- Develop better communication skills
- Feel more confident in decision making for your child
- Understand how to prepare for meetings with professionals

Date: Thursday, March 7

Building Parents' Confidence

- Taking care of you and your family
- Getting Support
- Developing resilience

Date: Thursday, March 21 **Getting the best outcomes for your child**

- How children and young people are supported with their special educational needs.
- (Legal duties, SEN support & EHC plans, Outcomes & person-centred planning. Resources & how Contact can help).