

Have you considered having a Befriender ?

**Volunteer
Centre**

Bolsover

Bolsover Good Neighbours – Befriender

Befriender - what does it mean?

befriender

someone that has been befriended by another person because they are in need of help or support.

Are you someone or do you know someone that is feeling lonely, socially isolated, has no one to talk to or express themselves to?

If you or someone you know could benefit from being befriended by one of our volunteers, then please contact Volunteer Centre Bolsover for more information.



Telephone Paul on : 07421 472568

or Elsa on : 07870 208866

Email : volunteercentre@communityactionbolsover.org

www.communityactionbolsover.org/volunteer-centre-bolsover

