

Have you ever considered volunteering ?

Volunteer Centre

Bolsover

Bolsover Good Neighbours – Volunteer Befriender

Befriending - what does it mean?

befriending

act as or become a friend to (someone), especially when they are in need of help or support.



Could you spare a couple of hours a week to help someone that may be house bound, socially isolated, lonely and in need of someone to chat with on the phone or face to face ?

You need to be a good listener, patient and of a caring disposition.

If you can spare the time and want to take up this rewarding work, then please contact Volunteer Centre Bolsover for more information.



Telephone Paul on : 07421 472568

or Elsa on : 07870 208866

Email : volunteercentre@communityactionbolsover.org

www.communityactionbolsover.org/volunteer-centre-bolsover



Volunteer Centre Bolsover is a service provided by Community Action Bolsover CIC a company limited by guarantee 11255225