



# Training, Breaks and Events

Here at Derbyshire Carers we put on Free training, breaks and events for Carers, we also work with Walking for Health to put on walks for Carers.

**Tuesday 4th June Book Festival Carers Book swap at the Cosy Club 10am – 12noon**

The Cosy Club, Royal Buildings, Victoria Street, Derby, DE1 1ES

where carers can bring a book in, chat about it and swap the book with another carer who has brought a book in, free tea/coffee on arrival.

**Thursday 6th June South Normanton Carers Group Annual Fundraiser 10:30am — 2:30pm**

We are happy to announce we are holding our annual group fundraiser at

The Hub, Off Shiners Way, Market St, South Normanton, Alfreton DE55 2AA

Bottle stall

Cake stall

Tombola

Well loved handbags stall

Come along and talk about our service

**Monday 10th June Soap Making Workshops Derby City 10am and 12noon workshops**

at St Peters Church, Derby City

Learn the art of soap-making. Develop a fun hobby as you create your own fragrant bath-time treats. We'll provide all tuition and ingredients – FREE. Handcrafted with love and skill

To book your place ring 01332 200 002

**Tuesday 11th June Free First Aid Training Hilton 10am – 12noon**

Wellbrook Medical Centre, Wellend Road, Hilton, DE655GZ

Please note this training will not result in a recognised qualification.

To book your place or for more information please contact us on: 01773 833 833

**Tuesday 11th June – Take a Break Carers Event, 12 – 3pm.**

Committee rooms 1 & 2, Town Hall, Rose Hill, Chesterfield, S40 1LP:

Join us for a delicious lunch and a chance to meet other carers Displays, information stalls & entertainment

Everyone is welcome to join DCA and our BME community groups for information, entertainment and world foods.

**Wednesday 12th June – Photography Workshop, 10am – 12.30pm.**

Cosy Club, Royal Building, Victoria Street, Derby.

Join us for a fun and creative session Bring along your digital camera, learn how to take professional shots and use Photoshop. Relax, take a break, meet new people and learn new skills , includes complimentary tea and cake.

**Limited Spaces booking Essential**

**Wednesday 12th June – Candle Making Workshop, 10am – 1pm.**

Agriculture centre, agricultural way, Bakewell, DE45 1AH.

Learn how to make candles, includes complimentary tea and cake. –

**Limited Spaces booking Essential**

**Friday 14th June – Cromford Canal Trip: Boat**

Birdswood, Weighbridge Office, Gothic Warehouse. Mill Road, Cromford, DE4 3RQ.

Enjoy a relaxing canal boat trip leaving at 11am and 2pm, or join us for a walk along the canal with walking for health.

**limited spaces booking essential**

**Tuesday 18th June Free First Aid Training Shirebrook 1pm — 3pm**

Shirebrook Village Hall, Park Road, NG20 8PW

Please note this training will not result in a recognised qualification.

To book your place or for more information please contact us on: 01773 833 833

**Wednesday 19th June – Mercia Marina Boat Trip:**

1pm and 2pm trips Findern Ln, Willington, Derby DE65 6DW:

Enjoy a relaxing boat trip in Europe's largest inland Marina.

**limited spaces booking essential**

**Wednesday 3rd July Free First Aid Training Darley Dale 1pm — 3pm**

Whitworth Centre, Station Road, Darley Dale, DE4 2EQ

Please note this training will not result in a recognised qualification.

To book your place or for more information please contact us on: 01773 833 833

**Wednesday 3rd July Free Manual Handling Training Buxton 10am – 12noon**

Buxton Library, Kents Bank Road, Buxton, SK17 9HW

Manual handling training will help support anyone who has physical caring responsibilities for a loved one. This course is specifically designed for the needs of Carers.

To book your place or for more information please contact us on: 01663 745500

**Thursday 4th July – Pamper Day in South Normanton 2pm — 4pm**

Post Mill Centre, Market Close, South Normanton, DE55 2EJ

Therapies may include Indian Head Massage, Facials, Reiki, Reflexology, Aromatherapy And More!

To book your place or for more information please contact us on: 01773 833833

**Saturday 13th July Free Woodwork Taster Session for Carers 11am — 3pm**

Wyaston Village Hall, Main Road Wyaston, Derbyshire DE6 2DR

Derbyshire Dales Woodcraft Club is a friendly organisation that undertakes activities such as wood turning, wood carving, pyrography (burning patterns onto wood), Scroll sawing (making intricate designs by cutting wood) and marquetry (making patterns & designs using thin wood veneers).

We have arranged a Free taster session for Carers, places are limited .....

to book your please contact us on: 01773 833 833

**Derbyshire Carers Association contact 01773 833 833**

**info@derbyshirecarers.co.uk www.derbyshirecarers.co.uk**