



Training & Events Newsletter – 14.01.21

All courses are fully funded by NHS Derby and Derbyshire CCG

To view further information, please click on the session title

If you have any queries, please email Training.Events@derbyshire.gov.uk



Thank Gosh It's MONDAY!

Hosted by Andy Cope from 'Art of Brilliance'
Monday 18 January 2021 12:00 - 13:00



Motivational Interviewing 2 Day Training Course

Delivered by Deborah Page (Principal Educational Psychologist)
Monday 18 January 2021 09:30 - 12:30 and
Monday 1 February 2021 09:30 - 12:30

This session is now fully booked, please join the waiting list



Understanding Bias & Challenging Stereotypes

Hosted by Jayne Ashby from 'The Alternative'
Tuesday 19 January 2021 10:00 - 11:00

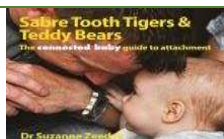
This session is now fully booked, please join the waiting list



Self-care and Emotional Wellbeing

Hosted by Marie Hornley (Educational Psychologist) and Lisa Forge (Trainee Educational Psychologist)
Monday 25 January 2021 09:30 - 11:00

This session is now fully booked, please join the waiting list



Sabre Tooth Tigers & Teddy Bears

Hosted by Dr Suzanne Zeedyk
Tuesday 26 January 2021 10:00 - 12:00



Bounce Back Brave

Hosted by Suzie Lavington from 'Art of Brilliance'
Wednesday 27 January 2021 12:00 - 13:00



Sleep

Hosted by Mark Davies (Educational Psychologist) and Dr Jodie Walton (Educational Psychologist)
Wednesday 27 January 2021 13:30 - 15:00

This session is now fully booked, please join the waiting list



mindfulness



[Monthly Mindfulness](#)

Hosted by Martin Burder from 'Art of Brilliance'
Friday 29 January 2021 14:00 - 15:00



[Emotion Coaching](#)

Hosted by Dr Harriet Cooper (Educational Psychologist) and
Dr Jennie Turner (Educational Psychologist)
Wednesday 3 February 2021 09:30 - 12:30

This session is now fully booked, please join the waiting list

The Art of Being Brilliant



[The Art of Being Brilliant](#)

Hosted by Jason Todd from 'Art of Brilliance'
Wednesday 3 February 2021 11:00 - 13:00



[Developing and Understanding Resilience](#)

Delivered by Dr Ian Shepherd (Senior Educational Psychologist)
and Dr Alison Evans (Educational Psychologist)
Tuesday 9 February 2021 09:30 - 12:30

This session is now fully booked, please join the waiting list



[Through the Kids Eyes \(for Foster Carers and Social Care Professionals\)](#)

Hosted by Nick Barwick
Wednesday 10 February 2021 10:00 - 13:30

This session is now fully booked, please join the waiting list



[Permission to be a Happy Educator](#)

Hosted by Shonette Bason
Wednesday 10 February 2021 16:00 - 18:00



[Trauma](#)

Delivered by Catherine Eaton (Trainee Educational Psychologist) and Emma Devine (Trainee Educational Psychologist)

Thursday 11 February 2021 10:00 - 11:30

This session is now fully booked, please join the waiting list



[Bounce Back Brave](#)

Hosted by Suzie Lavington from 'Art of Brilliance'
Thursday 11 February 2021 12:00 - 13:00



[Strength Based Leadership](#)

Hosted by Jonathan Peach from 'Art of Brilliance'
Tuesday 16 February 2021 12:00 - 13:00



[Understanding Unconscious Bias](#)

Hosted by Ian Kaye from 'Andpartnership'
Tuesday 23 February 2021 09:30 - 11:00



To book a session, please visit derbyandderbyshireemotionalhealthandwellbeing.uk and search for the course title. For any queries, please email training.events@derbyshire.gov.uk





[Understanding Bias & Challenging Stereotypes](#)

Hosted by Jayne Ashby from 'The Alternative'

Tuesday 23 February 2021 10:00 - 11:00

This session is now fully booked, please join the waiting list



[Understanding Unconscious Bias](#)

Hosted by Ian Kaye from 'Andpartnership'

Tuesday 23 February 2021 13:00 - 14:30



[Emotion Coaching](#)

Hosted by Dr Harriet Cooper (Educational Psychologist) and

Dr Jodie Walton (Educational Psychologist)

Thursday 25 February 2021 13:00 - 16:00

This session is now fully booked, please join the waiting list



[Monthly Mindfulness](#)

Hosted by Martin Burder from 'Art of Brilliance'

Friday 26 February 2021 14:00 - 15:00



[Developing and Understanding Resilience](#)

Delivered by Dr Ian Shepherd (Senior Educational Psychologist)

and Dr Alison Evans (Educational Psychologist)

Tuesday 2 March 2021 09:30 - 12:30

This session is now fully booked, please join the waiting list



[Strength Based Leadership](#)

Hosted by Jonathan Peach from 'Art of Brilliance'

Thursday 4 March 2021 12:00 - 13:00



[The Art of Being Brilliant](#)

Hosted by Jason Todd from 'Art of Brilliance'

Friday 5 March 2021 12:30 - 14:00



[Shift Happens](#)

Hosted by Jason Todd from Art of Brilliance

Tuesday 9 March 2021 12:00 - 13:00



[Tell Me A Story](#)

Delivered by Fiona Holiday from 'Connection Works'

Tuesday 9 March 2021 16:00 - 18:00



[From Mental Health to Mental Wealth](#)

Hosted by Kev House from 'Art of Brilliance'

Wednesday 10 March 2021 12:00 - 13:00



[Through the Kids Eyes \(Schools only\)](#)

Hosted by Nick Barwick

Thursday 11 March 2021 10:00 - 13:30



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[Emotion Coaching](#)

Delivered by Dr Jodie Walton (Educational Psychologist)
Monday 15 March 2021 09:30 - 12:30

This session is now fully booked, please join the waiting list



[Tell Me A Story](#)

Delivered by Fiona Holiday from 'Connection Works'
Thursday 18 March 2021 17:00 - 19:00



[Tell Me A Story](#)

Delivered by Fiona Holiday from 'Connection Works'
Monday 22 March 2021 18:00 - 20:00



[Understanding Bias & Challenging Stereotypes](#)

Hosted by Jayne Ashby from 'The Alternative'
Tuesday 23 March 2021 10:00 - 11:00

This session is now fully booked, please join the waiting list



[Online Safety for Parents and Carers](#)

Hosted by Traci Good
Wednesday 24 March 2021 10:30 - 12:00



[Shift Happens](#)

Hosted by Jason Todd from 'Art of Brilliance'
Wednesday 24 March 2021 12:00 - 13:00



[Online Safety for Professionals](#)

Hosted by Traci Good
Thursday 25 March 2021 10:00 - 12:30



[From Mental Health to Mental Wealth](#)

Hosted by Kev House from 'Art of Brilliance'
Thursday 25 March 2021 12:00 - 13:00



[Monthly Mindfulness](#)

Hosted by Nikki Ayles from 'Art of Brilliance'
Friday 26 March 2021 14:00 - 15:00



[Online Safety for Parents and Carers](#)

Hosted by Traci Good
Tuesday 30 March 2021 10:30 - 12:00



[Online Safety for Professionals](#)

Hosted by Traci Good
Wednesday 21 April 2021 10:00 - 12:30



[Understanding Bias & Challenging Stereotypes](#)

Hosted by Jayne Ashby from 'The Alternative'
Tuesday 27 April 2021 10:00 - 11:00

This session is now fully booked, please join the waiting list



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The Art of Being Brilliant (for Derbyshire and Derby City Foster Carers)

Hosted by Kev House from 'Art of Brilliance'
Tuesday 27 April 2021 11:00 - 13:00



Monthly Mindfulness

Hosted by Jonathan Peach from 'Art of Brilliance'
Friday 30 April 2021 14:00 - 15:00



The Art of Being Brilliant

Hosted by Jason Todd from 'Art of Brilliance'
Wednesday 5 May 2021 11:00 - 13:00



Understanding Unconscious Bias

Hosted by Ian Kaye from 'Andpartnership'
Tuesday 11 May 2021 09:30 - 11:00



Online Safety for Parents and Carers

Hosted by Traci Good
Wednesday 12 May 2021 10:30 - 12:00



Understanding Bias & Challenging Stereotypes

Hosted by Jayne Ashby from 'The Alternative'
Tuesday 25 May 2021 10:00 - 11:00



Monthly Mindfulness

Hosted by Martin Burder from 'Art of Brilliance'
Friday 28 May 2021 14:00 - 15:00



Understanding Bias & Challenging Stereotypes

Hosted by Jayne Ashby from 'The Alternative'
Tuesday 22 June 2021 10:00 - 11:00



Monthly Mindfulness

Hosted by Martin Burder from 'Art of Brilliance'
Friday 25 June 2021 14:00 - 15:00



Monthly Mindfulness

Hosted by Martin Burder from 'Art of Brilliance'
Friday 30 July 2021 14:00 - 15:00



To book a session, please visit derbyandderbyshireemotionalhealthandwellbeing.uk and search for the course title. For any queries, please email training.events@derbyshire.gov.uk





E-learning Opportunities

National Autistic Society Autism E-learning modules

We still have licenses available for our range of autism e-learning modules hosted by the National Autistic Society:

- [Understanding Autism](#)
- [Autism, Stress and Anxiety](#)
- [Autism: Supporting Families](#)
- [Safeguarding Autistic Children](#)
- [Women and Girls on the Autism Spectrum](#)

This training is open to parents and carers as well as professionals working with autistic children in Derbyshire and Derby City. If you work with a child who you think may have autism, or who has (or is awaiting) a diagnosis, please click to view the flyers above and decide which module/s would be useful to you. Each module covers a different autism theme and you can apply to do as many as you like.



Coming soon

We have teamed up with 'The Art of Brilliance' to bring you some 5-minute wellbeing podcasts, soon available to listen to on derbyandderbyshireemotionalhealthandwellbeing.uk .



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