



# Newsletter

Welcome to our monthly round-up of news, resources and events relating to PDA.

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## NEWS

Autism Parenting Magazine published an article on parenting & PDA, highlighting the fundamental change in approach needed “The thing that doesn’t work with PDA is strategies, and the thing that got in the way of parenting him most was my experience” - [Cornflour Boy: Parenting Pathological Demand Avoidance - Daniel Morrison](#).

Dr Judy Eaton announced details of a new book she is writing with colleagues: [The Challenge of Complex \(and Perplexing\) Presentations in Autism](#). The book will be a very valuable contribution to understanding neurodevelopmental conditions and describing how that understanding can help. For those stuck in mental health inpatient or at risk of entry, changes in practice can’t come fast enough.

SEN Magazine is looking for submissions for their Point of View article – if you are a carer, disabled young person, professional or parent and would like to share your PDA story with them, please email their editor: [editor@senmagazine.co.uk](mailto:editor@senmagazine.co.uk)

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## Resources

### New PDA Society resources

- [Introduction to PDA webinar](#) - free 20 minute webinar suitable for all audiences to give a good grounding in PDA
- [Home education “hub”](#) – helpful approaches and resources (primarily for parents who electively home educate their PDA child, but it may also be helpful for those

'home schooling' during school closures as well as for education professionals working with PDA students)

- [Transition to adulthood](#) - resource page focusing on post 16 transitions
- [EHCP guide](#) - Education, Health and Care Plans to support a PDA profile of autism
- [PDA Society 5<sup>th</sup> anniversary survey report](#) - including a summary of our plans for 2021
- [What is PDA?](#) - short awareness video

### Coronavirus support

- We've updated our coronavirus support pages with the latest links and resources to support the PDA community during the pandemic. Here's a [quick link to all the info](#).

### International

- [Translations of PDA Society material into Dutch](#)

### Support groups

- Newly added to our listings of third party local support groups:
  - [South Lanarkshire parent & carer support group](#)
- Details of other third party PDA support groups are also listed on our website:
  - [Local Groups \(UK\)](#)
  - [General Facebook groups](#)
  - [International groups](#)
- The PDA Society **discussion forum** is also available via our website [here](#).

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## Training & Events

### PDA Society training & events

- Our online courses for **parents and carers** includes our popular two part PDA for parents & carers course on various dates throughout the year and a new pilot helpful approaches workshop.
- Our online courses for **educators and other professionals** includes an introductory course and PDA for educators inset day training.

All courses are delivered via Zoom. Further details and tickets can be found on our [PDA Society events](#) page.

### Third party training & events

- Details of PDA-related training offered by third party providers are also available on our website [here](#).

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The PDA Society is led and run by a small volunteer team and receives no statutory funding – if you or anyone you know, now or in the future, are able to make a donation or raise funds to help us to continue helping others, we'd be most grateful for your support. Please see information about donations and fundraising [here](#).

Thank you.

The PDA Society

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