

LD CAMHS North Derbyshire presents:

Information sessions for parents / carers of young people with a learning disability and/or Autism

Skills for life webinar

Thursday 21st March 2024, 9.30am – 12.00pm

Aims:

Gain ideas and resources to help your child develop key skills, which will improve quality of life and reduce distressed behaviours (i.e. waiting, accepting 'no')

**Please note this course is aimed more at children with LD / younger children with Autism*

Sensory processing webinar

Thursday 16th May 2024, 9.30am – 12.00pm

Aims:

Understand sensory processing differences and learn practical strategies to manage sensory processing differences in daily life

Using signs and symbols to support communication

Monday 24th June 2024, 9.30am – 12.00pm

Aims:

Find out how to use common signs and symbols as part of everyday routines, at home and in other settings

These sessions are for parents/carers of young people with a learning disability and/or Autism, who live in North Derbyshire. They will take place on Microsoft Teams.

To book places, please email us on CRHFT.camhsadmin@nhs.net or call on 01246 514412. Please tell us your name, email address and telephone number.

We will send joining instructions with your booking confirmation nearer the time.

These information sessions are also advertised on www.camhsnorthderbyshire.nhs.uk