

LD CAMHS North Derbyshire presents:

## Information sessions for professionals working directly with young people with a learning disability and/or Autism

### Skills for life webinar

Thursday 14th March 2024, 9.30am – 12.00pm

#### Aims:

Gain ideas and resources to help c&yp develop key skills, which will improve quality of life and reduce distressed behaviours (i.e. waiting, accepting 'no')

*\*Please note this course is aimed more at children with LD / younger children with Autism*

### Sensory processing webinar

Friday 17<sup>th</sup> May 2024, 9.30am – 12.00pm

#### Aims:

Understand sensory processing differences and learn practical strategies to manage sensory processing differences in daily life

### Using signs and symbols to support communication

Wednesday 19<sup>th</sup> June 2024, 9.30am – 12.00pm

#### Aims:

Find out how to use common signs and symbols as part of everyday routines, at home and in other settings

These sessions are for people who work directly with young people with a learning disability and/or Autism in North Derbyshire. They will take place on Microsoft Teams.

To book places, please email us on [CRHFT.camhsadmin@nhs.net](mailto:CRHFT.camhsadmin@nhs.net) or call on 01246 514412. Please tell us your name, job role (and location), email and telephone number.

We will send joining instructions with your booking confirmation nearer the time.

These information sessions are also advertised on [www.camhsnorthderbyshire.nhs.uk](http://www.camhsnorthderbyshire.nhs.uk)